

**Dr. SHAVINDER GILL, Inc. MBBS, ABIM, ABSM, FRCP(C)**

INTERNAL MEDICINE

www.drshavindergill.com

2415 Ware Street, Abbotsford, BC V2S 3C6

TEL (604) 870-3277

(It is a Tudor style home with 2 wrought iron gates; look for yellow polls. It is beside Mill Lake Park on the same side of the street)

Please inform all referred patients to us of our office policies

1. They **MUST** confirm with us, one week before their appointment. If they don't confirm with our office, then we will cancel their appointment without any exceptions. If a message is left no return call will be given.
2. If they do not show up for their appointment, confirmed or not, they will be sent a bill for the missed appointment. The cost will be \$100.
3. If they want to cancel their appointment, it must be cancelled 24 hours before the appointment time or there will be full charge for the missed appointment.
4. All patients should bring all their medications with them, including herbal and nonprescription medication.
5. If you are pregnant or there is any possibility of pregnancy, then skin testing can not be done. Please inform us if you are pregnant.
6. Skin prick testing will be done on your forearm. Please wear loose comfortable clothing.
7. **Allergy patients should avoid these medications before allergy testing.**
  - a. NO ANTIHISTAMINES, such as, Benadryl (Diphenhydramine), Dimetapp allergy, Gravol, Optimine, Periactin, Dramamine, Phenergan Tavist, Tylenol cold/allergy should be discontinued 48 hours before allergy testing
  - b. Aerius(desloratadine), Allegra (Fexofenadine), Claritin (Loratadine), Atarax (Hydroxyzine), Reactine (Cetirizine), Blexten (Bilastine), Rupall (Rupatadine) and Zyrtec should be discontinued 72 hours before allergy testing.
  - c. Elavil (Amitriptyline), Anafranil (Clomipramine), Sinequan (Doxepin), Tofranil (Imipramine), Surmontil (Trimipramine), Norpramin (Desipramine), Aventyl (Nortiplyline), and Vivaactil should be discontinued 7 days before allergy testing
  - d. Celexa, Effexor, Prozac, Luvox, Paxil, Zoloft, Wellbutrin, Zyban, Serzone, and Desryl (Trazodone) should be discontinued 7 days before allergy testing.
  - e. NO HEARTBURN MEDICATIONS, such as, Axid, Cimetidine, Pepcid and Zantac should be discontinued 48 hours before allergy testing.
  - f. No Singulair (Montelukast) on the day of allergy testing.

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